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NEWS FROM The NEST



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Happy Mid-September. This month's issue of News from the Nest focuses on Discipline and ADHD.

If you think of discipline and connect with one of the pictures included here, this edition is for you!



Discipline as a whole can be overwhelming and quite honestly one of the worst parts of parenting. We all understand the need for it, but when you have a child with a neurodivergent approach to interacting with the world around them, discipline can be even harder.

The good news is you are not alone. It is my hope that this edition helps you to find a new strategy or two to try.

DISCIPLINE AND ADHD

As a mom of a child with ADHD, I can understand the challenges that come along with trying to enforce rules and expectations. Moreover, finding a discipline system that is effective is nearly non-existent. I often wondered why traditional and unconventional discipline systems just didn't work for my son. If you are in the same situation, I hope you find the video below as eye-opening as I did. Like most things that come along with ADHD, you have to approach it in a different way.



COLLABORATION CORNER

Help us, help you! Our team is not only here to help students, we are a resource for you too. If you have a question we can answer?

Click the 'contact us' icon to submit your question or additional support you may need.





NEWS FROM *The NEST*

Support Staff

**COMING
SOON**



The Hawks Nest and Student Services Team works hard to ensure every student can be as successful as possible. We have put together an Amazon Wish List of various items that would help us better support and serve all kids. If you are interested in taking a look, we would be extremely grateful for your consideration.

ADHD RESOURCES

WEBSITES

[Parenting a Child with ADHD](#)

[Child Mind Institute](#)

[More to ADHD](#)

BOOKS

[10 Books for parenting a child with ADHD](#)

DISCIPLINE AND ADHD

[8 Discipline Strategies](#)

[Understood.org](#)